

Condition	TCM Diagnosis	Symptoms	Formulas	Points
	Qi and blood stagnation	Severe pain, discharge of blood, difficult defecation, abdominal distension and fullness	Huo Xue San Yu Tang; Tao He Cheng Qi Tang; Xue Fu Zu Yu Tang	Du-1, LI-4, Sp-8, Sp-10, St-37, Ub-25, Ub-30, Ub-32, Ub-57, E-Erbai
Hernia	All	All		
	Cold	Swollen, firm, improved with warmth, cold intolerance	Excess - Jiao Gui Tang; Shu Gan Wan; Deficient - Nuan Gan Jian; Li Zhong Wan	Ren-6, K-6, Liv-1, Liv-13
	Cold damp	Dragging discomfort of scrotum, scrotum edema, watery splash in lower abdomen	Wu Ling San; Hai Zao Wan	Liv-1, Liv-8, St-28, Sp-6
	Damp heat	Red scrotum, painful, itchy, yellow exudates, concentrated urine, irritability	Da Fen Qing Yin; Long Dan Xie Gan Tang	Liv-1, Liv-5, Ren-3, Sp-9, K-6
	Liver qi stagnation	Bilateral or unilateral swelling, aggravated by stress or emotions, sighing, depression, irritability	Tian Tai Wu Yao San; Shu Gan Tang; Chai Hu Shu Gan San	Liv-2, Liv-3, Ren-6, Sp-6, Gb-41
	Qi deficiency	Swollen dropped scrotum, poor appetite, loose stools, frequent urination, fatigue	Bu Zhong Yi Qi Tang	St-36, Sp-6, Du-20, Ren-12, Liv-8, Ub-20
	Foxy Shan qi	Small intestine descends into groin, reduces when flat, reappears when standing, coughing or sneezing	Dao Qi Tang; Bu Zhong Yi Qi Tang	Liv-1, Liv-3, Liv-12, St-29, St-30, St-40, Ren-4, E-Sanjiaoju moxa as needed
	Phlegm and blood stagnation	Scrotum is hard, swollen with loss of sensation	Ju He Wan; Xue Fu Zhu Yu Tang; Hai Zao Wan	LI-4, Liv-4, Liv-5, Liv-8, Sp-6, Sp-9, St-29, Ren-3, Ub-32
Herpes Zoster	All	All - shingles		LI-11, Sp-10, Gb-40, Gb-20, Pc-7
	Accumulation of toxic heat	Moderate to severe cases of infection and inflammation	Wu Wei Xiao Du Yin; Chuan Xian Lian	Liv-1, Liv-2, Liv-3, LI-11, Sp-6, Sp-9, Sp-10, Gb-34, Gb-43, St-36, St-44, + surround area
	Damp heat	Burning sensations, blisters, poor appetite, loose stools	Long Dan Xie Gan Tang; Bi Xie Sheng Shi Wan; Chu Shi Wei Ling Tang	Liv-3, Sp-6, Sp-9, Sp-10, Gb-34, Gb-43, St-44, + surround area
	Liver and Gallbladder fire	Papular eruptions with pain, sensations of heat, thirst, bitter taste	Long Dan Xie Gan Tang	Liv-2, Liv-8, Sp-10, Gb-34, Gb-43, + surround area
	Qi and blood stagnation	Severe stabbing pain, crust formation of blisters, brown spots or pigmentation on area	Fu Yuan Huo Xue Tang; Tao Hong Si Wu Tang	LI-4, Liv-3, Sp-10, Pc-6, Gb-34, Gb-43, Ub-17, Ub-18, + surround area
Hip pain	All	All		Common pts: St-31, Gb-25, Gb-30, Gb-34, Gb-39, Gb-40, Gb-41
	Wind cold damp with predominant wind	Wandering pain, difficult flexion and extension, worse in windy conditions	Fang Feng Tang	Sp-5, LI-4, Gb-30, Gb-31, Gb-34, Gb-35, Sp-6, Sp-10, Ub-58, Ub-12, E-Ashi