

Condition	TCM Diagnosis	Symptoms	Formulas	Points
	Spleen qi deficiency	Prolonged duration of urination pain, heavy bearing-down sensation, pale complexion	Bu Zhong Yi Qi Tang	Ren-4, Ren-12, St-36, Sp-6, Ub-20
	Kidney yin deficiency	Long-term UTI, pain with sensation of heat, dark yellow or blood in urine	Zuo Gui Wan; Qi Ju Di Huang Wan; Zhi Bai Di Huang Wan	K-3, Liv-3, Liv-12, Sp-6, Ren-3, Ub-18, Ub-23
Edema	All	All		All pts: LI-6, St-12, St-22, St-28, St-36, St-43, Sp-4, Sp-6, Sp-7, Sp-8, Sp-9, Ub-20, Ub-22, Ub-23, Ub-50, Ub-52, Ub-53, K-6, K-7, K-14, Gb-8, Gb-29, Du-21, Ren-3, Ren-5, Ren-7, Ren-9 Ren-6, Ren-9, Ren-12, St-36, Sp-6, St-28, Ub-20, Ub-21, Ub-22
	Spleen yang deficiency	Yin Edema: Severe edema below lumbar region with poor appetite, loose stools	Shi Pi Yin	Ren-6, Ren-9, Ren-12, St-36, Sp-6, St-28, Ub-20, Ub-21, Ub-22
	Kidney yang deficiency	Yin Edema: Severe edema below lumbar region with coldness, low back and knee pain	Ji Sheng Shen Qi Wan + Zhen Wu Tang; Jin Gui Shen Qi Wan	K-7, Ren-4, St-28, St-36; Ub-20, Ub-22, Ub-23; moxa as needed
	Damp heat retention	Yang Edema: Thirst and chest distress, pitting disappears quickly	Shu Zao Yin Zi; Zhu Ling Tang; Wu Pi Yin; Ji Jiao Li Huang Wan	LI-11, Sp-4, Sp-6, Sp-9, Ren-9, St-28, Ub-22
	Damp toxicity and fire poison	Yang Edema: Sores, carbuncles and edema spreads to limbs, bright color and pitting disappears quickly	Wu Wei Xiao Du Yin + Ma Huang Lian Qiao Chi Xiao Dou Tang	Ren-9, Ren-12, LI-11, Lu-7, St-28, Sp-9, Ub-13, Ub-20, Ub-22
	Damp water retention	Yang Edema: Heaviness of body and chest and pitting disappears slowly	Wu Ling San; Wu Pi San	Ren-6, Ren-9, Ren-12, St-36, St-28, Sp-9, Sp-6, Ub-20, Ub-21, Ub-22
	Wind water invades Lung	Yang Edema: Fever, body aches and edema spreads to limbs, bright color and pitting disappears quickly	Yue Bi Jia Zhu Tang	LI-4, SJ-5, LI-6, LI-10, Du-26, Ren-17, St-36, Ub-12, Ub-13
Endometriosis	All	All - see dysmenorrhea		Common pts: Gb-26, Sp-6, Sp-8, Ren-2, Ren-3, St-28, St-29, St-30, E-Zigongxue. (Lu-7 and K-6) for Ren Mai and Yin Qiao Mai; (Sp-4 and Pc-6) for Chong Mai; (Ub-62 and Si-3) for Yang Qiao Mai Ren-3, K-13, Sp-10, LI-4, Liv-3, Ub-17, Ub-18, Sp-6, Ren-8 moxa as needed
	Blood stagnation and cold	Cramps and pain with or without menstruation	Wen Jing Tang; Gui Zhi Fu Ling Wan; Shao Fu Zhu Yu Tang	LI-4, Liv-3, Gb-34, Ren-6, Sp-4, Sp-6, Sp-8, Sp-10, St-25, St-28, Pc-6, K-14, Ub-17, Ub-18
	Blood stagnation in the lower burner	Severe menstrual cramps	Tong Jing Wan	LI-4, Liv-3, Gb-34, Ren-4, Ren-6, Sp-4, Sp-6, Sp-8, Sp-9, Sp-10, St-25, St-28, Pc-6, K-14, Ub-17, Ub-18
	Blood stagnation and blood deficiency	Menstrual cramps and severe pain after period, pale blood	Tao Hong Si Wu Tang	Sp-10, St-25, St-28, Pc-6, Ub-17, Ub-18